



CITY OF SAN BRUNO  
COMMUNITY SERVICES DEPARTMENT  
**SAN BRUNO SENIOR CENTER**


1555 Crystal Springs Road, San Bruno, CA 94066 -- 650-616-7150


Hours: 8:00am - 4:00pm -- Monday - Friday

<http://www.sanbruno.ca.gov>

**May 2010**



- May 3rd - **MONDAYS 8:30 - 9:30 am ARTHRITIS FOUNDATION EXERCISE PROGRAM** with Kathy Schmidt, Certified Arthritis Exercise Facilitator. This comprehensive exercise program will improve your flexibility, strength and range of motion. Class fee is \$5 per class.
- May 4th **EVERY TUESDAY DANCE PARTY! 10:00 - NOON** with "Have A Party Pros" Take advantage of Coffee Bar Specials offered **ONLY** during the Tuesday Dance Parties. Lunch is Catered by Lidia's Italian Delicacies.
- May 5th **WEDNESDAY - CINCO DE MAYO & MOTHER'S DAY PARTY!! CELEBRATE** with the "Bob Gutierrez Band". Lunch: Chicken Taquito Bake  
Recommended Donation: \$5 in advance or \$6.50 at the door. Tickets are now available
- May 5th **WEDNESDAY - FREE MENS HAIRCUTS 3:00 - 5:00 pm (2010 Members Only)**
- May 7th **FRIDAY - 9:30 MOVIE: "It's Complicated"** Romantic Comedy - Meryl Streep, Alec Baldwin
- May 11th **SECOND TUESDAY - Blood Pressure/Glucose Screening 9:30 - 11:00**
- May 12th **WEDNESDAY - EYEGLOSS REPAIR / HEARING AID CLEANING 10:00 - Noon**
- May 13th **THURSDAY - 9:30 - 11:30 GAME TIME!!** Drop in if you're interested in playing Scrabble, Canasta or Dominoes! We'll provide the games. No instruction....just a group of people who like to play the same games.
- May 14th **FRIDAY - 11 am Sing Along** to favorite tunes with Diana on vocals and Jay on piano.
- May 14th **FRIDAY - 1:30 pm Ping Pong open play** for everyone! 
- May 14th **FRIDAY 4:00 - 6:00 pm - Happy Hour & Silent Auction.** Join us for a Meatloaf Dinner, Drinks and Dessert plus music & dancing with Vince Mantia. There will also be a Silent Auction Fundraiser with a variety of items to bid on. Tickets: \$5.00 in advance at the Reception Desk or \$6.00 at the door.
- May 19th **WEDNESDAY - FREE MENS HAIRCUTS 3:00 - 5:00 pm ( 2010 - Senior Center Members)**
- May 20th **THURSDAY - CRYSTAL SPRINGS WRITERS ANNUAL READING 9:30 am - Noon.** Come hear readings of original stories from our talented writing group. Free program. Refreshments provided.

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| May 21st | <b>FRIDAY - "STEP OUT FOR SENIORS" HEALTH EVENT &amp; PARTY 8:00 am - 1:00 pm.</b> Registration Fee: \$10 by May 7th. This includes a T-Shirt, 6 or 1 Mile Walk, Free ZUMBA Class, Health Information, Turkey Lunch, Raffle Ticket & Goody Bag. Transportation to the Sawyer Camp Walk limited to the first 20 people. |  |
| May 21st | <b>FRIDAY - FREE ZUMBA GOLD CLASS</b> with Kathy Schmidt 10:45 - 11:15   |   |
| May 21st | <b>FRIDAY - Lunch Party - introducing Yvonne Dawes</b> to sing and provide music for dancing. 11:15 - 12:15. Donation for lunch is \$3 advanced and \$4 at the door. Do not register for lunch if you are already registered for Step Out For Seniors.   |   |

May 26th **WEDNESDAY - Wii BOWLING ! 10:30 - Noon Open Play** for everyone.

May 28th **FRIDAY - 1:30 pm Ping Pong open play** for everyone!

May 28th **LAST FRIDAY - Blood Pressure/Glucose Screening 9:30 - 11:00**

May 31st **MONDAY - The Senior Center is CLOSED** for Memorial Day.



**COMING IN JUNE 2010**

Father's Day Party (June 18th) Summer Bocce Leagues (June 21st) Summer Horseshoe League (June 23rd)